

HORWICH CARNIVAL RACES
RAILWAY SLEEPER WORLD CHAMPIONSHIPS
SUNDAY JUNE 21ST JUNE 2009
Held Under UKA Licence Number 90190
Closing Date 15th June. No entries on the day
£10 PER TEAM OF 4
Cheques payable to Horwich Carnival Races
ENTRY FORM

Title (Mr, Mrs, Miss):	
First Name:	
Surname:	
Date of Birth:	
Team Name:	
Address:	
Post Code:	
Telephone:	
Email:	
Declaration:	I declare that the information on this form is correct.
	I understand and agree that I participate in the event entirely at my own risk and that I must act in a manner which is safe for myself and all others. I agree to abide by the instructions of the event officials.
	I am medically fit enough to participate and understand that the organisers will not be responsible for any injury, loss or illness caused to me during or as a result of the event or for any property lost or damaged before, during or after the event. Entrants' rights covered by the Data Protection Act.
Signed:	

All team entrants will be required to complete an entry form, together with a signed rules agreement, and post all four team member's forms together to:

Mr. W.Smith
679 Chorley New Road
Horwich
Bolton
Lancashire
BL6 6HR

(Tel: 01204 669926, Email:williamj.s@ntlworld.com.)

Details regarding where to register on the day, parking, course etc, will be posted out in June and put on the events website www.horwichcarnivalraces.co.uk .

Railway Sleeper World Championships Horwich Carnival Races - Sunday June 21st June

Description

The Start/Finish of the Railway Sleeper Relay is at the Public Hall on Lee Lane.

There will be two teams of four people competing in each heat, semi final and final, with one person at a time carrying the railway sleeper the length of the course (approximately 50m). Each team member, in turn, picks up the railway sleeper off the Bale Station they are at, walks or runs the length of the course using only the team's allocated side of the carriageway to move along, and places it on the team's other Bale Station. The next person in the relay sets off only when the length and entire width of the railway sleeper is resting on the top bale, such that there is approximately 12cm of the length of the railway sleeper overhanging at each end of the top bale. An official judge will be positioned at each Bale Station.

The semi-finalists will consist of the four fastest teams from the heats, with the final to be contested by the winners of each semi-final. Dependent on numbers, there will be heats from 9.50am to 10.35am, two semi-finals at 4.40pm and a final at 5.20pm.

Items: Railway Sleeper - Small/narrow gauge size railway sleeper, made of treated softwood – approximately 125cm long, 25cm wide, 13 cm deep and weighing approximately 15Kg.

Bale Station – Two bales of hay/straw placed on top of each other. Positioned lengthways along the road and placed approximately a metre in front of the start/finish and changeover lines.

Course – 50m of the two carriageways of Lee Lane, Horwich.

Competitors – Must be a minimum of 16 years old on June 21st June 2009. Issued with safety gloves on the day (to prevent splinters), **must wear** hard toe boots/shoes. Competitors must provide details of any medical conditions and medication being taken on the back of their individual numbers. Numbers are to be pinned on the back of each competitor's top.

Rules

First competitor starts at the Public Hall. He/she must stay behind the line until the Starter starts the race. Second, third and fourth competitors stay behind their respective lines until their team-mate has successfully put the Railway Sleeper onto the Bale Station and has then crossed the line (as indicated by the Judge). The Railway Sleeper **must be put** on the Bale Station. Throwing or deliberately dropping the Railway Sleeper onto the Bale Station is strictly forbidden and will lead to disqualification. Each team must stay on their allotted side of the road along the 50m course. Crossing the white lines in the middle of the road will lead to disqualification.

Competitors and the Railway Sleeper must not touch the spectators, crowd control barriers or opposing team members. This will lead to disqualification.

Should the Railway Sleeper be dropped it is permissible to pick it up and carry on.

When each competitor has completed their leg they **must pass their set of gloves** to the Bale Station Judge/marshal and remain behind the line and off the 50m course.

At the end of the race all team members must make their way off the road at the nearest possible exit point, without going along the 50m course.

No substitution of team members is allowed once the heats have started.

Rules Agreement

I have read and understood the event rules and agree to abide by these and to follow the instructions of the event officials.

Full Name:

Signed:

Team Name: